



## EMS Equity Research Workshop

Arrive curious. Leave with an abstract!

**March 8-10, 2026**

Los Angeles, CA - Location UCLA Center for Prehospital Care - Paramedic Program  
5220 Pacific Concourse Dr, Suite 135, Los Angeles, CA 90045

**Application for registration:** [Click Here](#)

Presented by the Prehospital Care Research Forum at UCLA thanks to the generous sponsorship of CARESTAR Foundation, and strategic support from the California EMS Authority, ESO Data Collaborative, Interface Children & Family Services (211), and ImageTrend.

### **Workshop Description:**

This no-nonsense workshop is both inspiring and productive. Bring only your curiosity and passion for EMS. We will surround you with data and the resources to advance EMS with science. Participants will work in small groups to identify a research question, design a project, gather data, analyze results and craft publishable abstracts. Expert researchers, medical directors, statisticians, developers and academic staff combine their efforts to remove barriers and empower EMS providers at all levels to turn their ideas into formal abstracts. Participants work with faculty to identify critical problems facing prehospital workforce and care today especially in areas where there is limited evidence to guide practice.

The CARESTAR-PCRF Equity Research Summit groups will focus on the important issue of diversity, equity and inclusivity in the EMS workforce and care delivery system. We will have use of state and national databases with staff on site to query deidentified records and provide immediate results.

Some projects may have access to patient outcomes, but all groups will benefit from a team of statisticians collaborating to recommend, perform and interpret their analysis. Participants will also get post-workshop assistance in abstract submission, full paper authoring and dissemination of results. In just three fun and engaging days, this hands-on approach will turn your ideas into publishable research, and actionable results.

At the conclusion of this workshop participants will be able to:

- Use the PICO method to formulate and design a prehospital care research project,
- Perform a literature search and review,
- Design and implement a scientific method to investigate a research question,
- Understand where to find and how to consult with statistical and epidemiological experts,
- Work in teams to analyze research results and apply various models of data analysis,
- Write a publishable abstract and present research findings using an academic conference framework.

**Cost:** Application and participation in the forum is free. Participants are responsible for their travel and lodging costs. (*Limited travel stipends are available, please request funding and describe your need on the workshop application.*)

**Timeline:** Space is limited and applications will be considered on a first come, first served basis. Apply before February 20th and expect to hear back from us by February 24th.

## CARESTAR-PCRF EMS Equity Research Summit Tentative Agenda

### Day 1: Sunday, March 8, 2026 – 1pm-5pm

1pm	<b>Welcome, introductions, ground rules and working groups</b>
1:30pm-3pm	<b>EMS Challenges and the pathway to evidence-based solutions</b> In this opening session the group participates in a welcoming and inspiring kick off. We recap lessons from our pre-workshop online meetings. Then we brainstorm and identify the most important issues facing prehospital diversity and equity.
3-5pm	<b>Recipe and Ingredients for success</b> Participants break into their groups. Work begins to perform literature reviews, further sculpt theories, methods and identify the data the groups will need; Groups refine their hypothesis and prepare to pitch it to the larger group; Mentors assist by helping construct data queries and search past literature;

### Day 2: Monday, March 9, 2026 – 8am-5pm

8am-11am	<b>Recipe and Ingredients for Success (continued)</b> Participants immediately jump back into groups, refine their hypothesis and methods. Mentors assist by helping construct data queries and search past literature.
11am-12pm	<b>Shark Tank – sort-of...</b> Groups begin using a conference-style PowerPoint® presentation to pitch their best ideas for research questions and methods. The “sharks” ask questions and groups assist each other in refining next steps.
12-1pm	<b>Working Lunch</b> (Sponsored by CARESTAR)
1-4:30pm	<b>The zeroth draft:</b> Teams continue building their abstracts and presentations as data flows in. In this phase, the focus is on outlining, writing, and displaying mock results. Meanwhile, engineers and statisticians work on obtaining and analyzing actual data.
4:30-5:30pm	<b>Situation Reports</b> Groups take turns updating the larger group on the status of their projects and receive feedback from the faculty and staff.
5-7pm	<b>Group Dinner</b> (optional - provided on site) - (Sponsored by CARESTAR)

### Day 3: Tuesday, March 10, 2026 – 8am-1pm

8-10am	<b>The zeroth draft (continued)</b> Participants immediately jump back into groups and work on results, zeroth draft and their mock final presentation. Mentors assist by helping interface with statisticians and data analysts.
10am-11am	<b>Results and Conclusions</b> As results flow in, facilitators work with their group to review methods of submission and dissemination with the most impact. Groups receive and discuss results; Analysis is refined as abstracts are completed, presentations are created to share and disseminate findings.
11-12:30pm	<b>Working Lunch and Final Presentations</b>
12:30-1pm	<b>Wrap-Up and Next Steps</b>

\*Please note this agenda is tentative and subject to adjustments as the workshop evolves.

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